

ONE WEEK AYAHUASCA RETREAT
A TASTE OF THE AMAZONIAN MEDICINE

Price: \$1350.00

Locación: Templo Chaikoni - Contamana

Includes:

- 3 Ayahuasca ceremonies.
- Personal consultation.
- Master plant teacher.
- One Icaro chanting.
- 2 Purgatives.
- 4 Vapor baths.
- 3 love baths.
- Preparation of ceremony perfume.
- Workshops of medicinal plants and Amazonian shamanism.
- Visiting the jungle hot springs at National park of Sierra del Divisor.
- 2 meals per day, accommodation, laundry and transportation.

Treatment:

- Personal consultation: Attended by curandero(a).
- 3 Traditional ayahuasca ceremonies: Led by the shipibo family and our facilitator healers.
- One icaro chanting: Led by family and facilitator healers.
- Purgatives / sangre de grado and piñón blanco: Taken one time normally after ayahuasca ceremony digestive cleansing.
- Preparation of ceremony perfume: With amazonian plants.
- Vapor baths with medicinal plants: Cleaning of negative toxins and energies.
- Love bath: For attracting good energies, luck and love.

Accommodation:

- Preparation for the experience: with the family and facilitator healers.
- Airport pickup: You'll be pick up from the airport to our guesthouse.
- Accommodation for two nights at our guesthouse: The night before and after the retreat.
- Dinner in our guesthouse before the retreat: Guests arrive the day before the retreat begins.
- Accommodation for 7 nights at the kushi ayahuasca center: Private rooms and bathrooms.
- Transportation to and from kushi ayahuasca center: Flying to and back (30 mints) over the amazon.
- Healing tools like mapachos, agua florida: Important for use in ceremonies and medicine treatments.
- At least two meals a day, following the healing diet: Quinoa, grilled fish, rice, lentils, organic vegetables, etc.
- Translation of lectures and workshops, etc: Facilitators also add their own experiences and teachings.
- Assistants for guidance: Two facilitators will be available throughout the retreat.
- Integration workshop: Enhance process of integration when you get home

Itinerary:

1. Sunday:
 - Arrive and stay in our guests house one night.
 - Meeting with the other students and facilitators, a group dinner.
 - Private consultation with curandero(a).

2. Monday:
 - Go to retreat center and settle in.
 - Ayahuasca plant bath for harmonize the energies / smoke bath with Palo Santo.
 - Instructions for ceremony and shamanic tools.
 - Ceremony 1.
 - Opening healing dieta.
3. Tuesday:
 - Digestive system cleanse with Sangre de Grado.
 - Begins vapor baths 2.
 - Icaro practicing.
 - Perfume preparation.
 - Begins taking master plant tea.
4. Wednesday:
 - Taking master plant tea continues.
 - Vapor baths ends 2.
 - Talk on intention.
 - Ceremony 2.
5. Thursday:
 - Taking master plant tea ends.
 - Talking on dreams and Medicinal plants.
 - Love baths 2
 - Icaro workshop.
6. Friday:
 - Final consultation.
 - Love bath 2.
 - Icaro practicing.
 - Ceremony 3.
 - Arkana night.
7. Saturday:
 - Dieta closes.
 - Meet for breakfast.
 - Hike in the jungle, swimming at the national reserve Sierra del divisor in Contamana.
 - A little boat ride in the Amazon to catch the sunset.
8. Sunday:
 - Meet for 2nd breakfast
 - Integration workshop
 - Say goodbye to the shipibo family and jungle spirits
 - Pictures of the retreat will be send to your E-mail.
 - Take to Contamana airport to enjoy the Amazon view.

Suggested items to bring:

- Flashlight or headlamp.
- Travel alarm clock or watch.
- Raincoat or poncho.
- Hiking Boots (optional but a good idea).
- Water Bottle.
- Bathroom items – toothbrush, floss, shampoo, etc. (natural is best if possible).

- Camera/phone, with extra batteries or external/solar charger.
- Travel first aid kit.
- Notebook and/or art supplies for personal processing.
- Hat and sunglasses.
- Ceremonial or sacred objects you want to have for ceremonies or in your tambo.
- Plastic bags or zip-lock bags (to protect electronics and other items from humidity).
- Musical Instruments.
- Extra spending money, at your discretion. There may be an option to purchase Shipibo craft items from our family, so be prepared with extra money if this interests you.

What's not included?

- Airfare (international and national)
- Personal expenses and meals outside of the program
- Local Transportation
- Travel insurance
- Personal healthcare expenses if needed
- Visa (if necessary)

Deposit info:

- 50% due upon registration.
- Final Installment: Due 3 weeks before the retreat starts.
- We offer you the option of paying a minimum 50% deposit of your program cost to confirm your reservation within the following 3 weeks to secure your reservation and can be paid through our PayPal account (recommend selecting "Friends and Family" to avoid additional fees to our center). The remaining half of the total retreat cost will then be requested similarly via PayPal one week before your arrival, or in cash when you arrive.